

June is Men's Health Month and Monday, Jun 13, 2011 marks the beginning of this year's National Men's Health Week, which culminates appropriately on Father's Day, Sun Jun 19, 2011. The theme for this year is Awareness, Prevention, Education, and Family. The purpose of Men's Health Month and Week is to heighten public awareness of preventable health problems and encourage the early detection and treatment of diseases among men and boys. While Medicare now provides coverage for a wider array of preventive services and screenings, many men covered by Medicare are not fully using these services that can make a difference in the quality of their health. We need your help. Please join with the Centers for Medicare & Medicaid Services (CMS) in helping men with Medicare learn how they can live longer healthier lives through disease prevention, early detection, and lifestyle modifications that support a healthier life.



Medicare provides coverage of many preventive services and screenings that are especially meaningful to men, including, but not limited to:

- Colorectal and Prostate Cancer Screenings
- Cardiovascular Disease Screenings
- Diabetes Screening, Diabetes Self-management Training, and Medical Nutrition Therapy
- HIV Screening
- Immunizations
 - Hepatitis B
 - Influenza
 - Pneumococcal
- Smoking Cessation Counseling
- Annual Wellness Exam (New for 2011)

Note: While coverage by Medicare is subject to certain eligibility criteria, many preventive services and screenings can now be received with no out-of-pocket costs to the beneficiary.

What Can You Do?

As a health care professional who provides care to men covered by Medicare you can help protect the health of your Medicare patients who may be at risk for certain health issues by educating them about their risk factors and encouraging them to take advantage of the preventive services and screenings that are appropriate for them. Many preventive services and screenings covered by Medicare require a referral.

For More Information

- [Quick Reference Information: Medicare Preventive Services](#)
- [MLN Matters Article MM7070, Annual Wellness Visit, Including Personalized Prevention Plan](#)
- [Quick Reference Information: The ABCs of Providing the Annual Wellness Visit](#)
- [Medicare Learning Network® \(MLN\) Preventive Services Educational Products](#)
- [Men's Health Month](#)
- [Men's Health Week](#)

Thank you for joining with CMS as we strive to improve the quality of health for men and others covered by Medicare.